

Social Support Record Survey

Name _____

Date _____

Directions: Please circle the response that best describes your feelings.

	Not at all	Some	A lot
1. At school, there are adults that I can talk to, who care about my feelings and what happens to me.	0	1	2
2. At school, there are adults that I can talk to, who give good suggestions and advice about my problems.	0	1	2
3. At school, there are adults who help me with practical problems, like helping me get somewhere or helping with a project.	0	1	2
4. There are people in my family I can talk to, who care about my feelings and what happens to me.	0	1	2
5. There are people in my family I can talk to, who give good suggestions and advice about my problems.	0	1	2
6. There are people in my family who help me with practical problems, like helping me get somewhere or help with a job or project.	0	1	2
7. I have friends I can talk to, who care about my feelings and what happens to me.	0	1	2
8. I have friends I can talk to, who give good suggestions and advice about my problems.	0	1	2
9. I have friends who help me with practical problems, like how to get somewhere or help me with a job.	0	1	2

Administrative use only:

Score _____

Scorer Name _____

Program Name _____

Youth entrance into program date _____

Social Support Record Scoring Instrument

Name _____

Date _____

Directions: Please circle the response that best describes your feelings.

	Not at all	Some	A lot
1. At school, there are adults that I can talk to, who care about my feelings and what happens to me.	0	1	2
Score	0	1	2
2. At school, there are adults that I can talk to, who give good suggestions and advice about my problems.	0	1	2
Score	0	1	2
3. At school, there are adults who help me with practical problems, like helping me get somewhere or helping with a project.	0	1	2
Score	0	1	2
4. There are people in my family I can talk to, who care about my feelings and what happens to me.	0	1	2
Score	0	1	2
5. There are people in my family I can talk to, who give good suggestions and advice about my problems.	0	1	2
Score	0	1	2
6. There are people in my family who help me with practical problems, like helping me get somewhere or help with a job or project.	0	1	2
Score	0	1	2
7. I have friends I can talk to, who care about my feelings and what happens to me.	0	1	2
Score	0	1	2
8. I have friends I can talk to, who give good suggestions and advice about my problems.	0	1	2
Score	0	1	2
9. I have friends who help me with practical problems, like how to get somewhere or help me with a job.	0	1	2
Score	0	1	2

Scoring:

Points values, as indicated above, are summed. A high score indicates a high level of social support. A low score indicates a low level of social support.